

Unit 8 – The blessing of good friends and a caring family

Qualities of a real friend

ambitious	Rose is a very ambitious girl; she's always trying to get her friends to dream big.	ehrgeizig, strebsam, anspruchsvoll, ambitioniert
good-looking	Rashad is a good-looking guy who also happens to be very kind.	gutaussehend
honest	Jerry is always very honest and tells you exactly what he is thinking.	ehrlich, aufrichtig
intelligent	Lilit is one of the most intelligent people in her family.	klug, intelligent
loyal	Phoebe is a very loyal friend and will support everyone no matter what.	treu, loyal, ergeben
motivating	My friends are always motivating and encouraging.	motivierend
open-minded	Clemens is not as open-minded as he wants other people to think.	unvoreingenommen, vorurteilslos, weltoffen
popular	Jacky is very popular, but is very gracious to everyone.	beliebt, bekannt
reliable	My brother is a reliable guy and always keeps his promises.	zuverlässig, verlässlich
spontaneous	Giovanni is very spontaneous– he'll suddenly buy a plane ticket and leave.	spontan
supportive	Mahmoud was very supportive of his younger brother going to university.	unterstützend
talkative	My aunt is the most talkative person you'll ever meet.	gesprächig, redselig, mitteilungsbedürftig
tolerant	Angela is so tolerant and has the patience of a saint; I never would be able to work where she does.	nachsichtig, tolerant
trustworthy	I would consider myself a trustworthy person.	vertrauenswürdig, glaubhaft, zuverlässig

What makes a good friend?

to count one's friends	Maximilian counted all of his true friends on one hand.	die Anzahl an Freunden/Freundinnen zusammenrechnen
to have friends in religious settings and on sports teams	Nina has friends in religious settings and on sports teams.	Freunde/Freundinnen im religiösen Umfeld und in Sportteams haben
to surround oneself with good friends	You must always surround yourself with good friends who appreciate you.	sich mit guten Freunden/Freundinnen umgeben
to make life more complete and fun	Friends make life more complete and fun.	zu einem erfüllteren und lustigeren / amüsanteren Leben beitragen
to be there for someone when they need you	If a true friend is struggling, you should be there for them when they need you.	für jemanden da sein, wenn er/sie dich braucht
to be an important part of many people's lives	Friendship is an important part of many people's lives.	eine wichtige Rolle im Leben vieler Menschen spielen
to keep in touch on social media	If you have a long-distance friendship, it's possible to keep in touch on social media.	über die sozialen Medien in Kontakt bleiben
to go through a hard time	Franz went through a hard time a few years ago, and his true friends were there.	eine schwere Zeit durchmachen
to be challenging and frustrating	Disagreements between friends are challenging and frustrating.	herausfordernd und frustrierend sein

Phrasal verbs

to grow up (<i>in a village / town / city</i>)	I grew up in a tiny town in northern Canada.	aufwachsen
to go out with someone	Lucas went out with Monika last week.	mit jemandem ausgehen

to bring up a child	Holly knew that bringing up a child is a big responsibility.	ein Kind aufziehen / großziehen
to look after one's siblings	Camilla looks after her little siblings every Thursday after school.	auf die Geschwister aufpassen
to get along / on (well) with someone	I get on well with my cousins.	(gut) mit jemandem auskommen
to let someone down	Gita let one of her best friends down, and felt terrible.	jemanden enttäuschen, jemanden im Stich lassen
to split up	Sometimes it is necessary to split up to improve the situation for both people involved.	sich trennen
to ask someone out	Elise asked her crush from the cafeteria out last night.	jemanden um eine Verabredung bitten
Are you a good friend?		
to be a good listener	Rebecca is a good listener; she focuses on her friends and asks good questions.	ein guter Zuhörer/eine gute Zuhörerin sein
to meet with someone regularly	A good friend will contact you even if they can't meet with you regularly.	jemanden regelmäßig treffen
to show someone that you care	Ayra shows her best friend that she cares by inviting her to go to the movies.	jemandem zeigen, dass du ihn/sie wichtig nimmst / gern hast
to make time for one's friends	Even if I'm busy, I make time for my friends.	sich für die Freunde/Freundinnen Zeit nehmen
to not lie to someone	Lex doesn't lie to his best friend.	jemanden nicht anlügen
to not betray someone	Mel doesn't betray the people who she loves the most.	jemanden nicht betrügen / verraten / hintergehen
to (not) talk behind one's back	Samy would never talk behind his friend's back.	(nicht) hinter jemandes Rücken reden
to understand one another	Claire and Lyn understand one another on a deep level.	einander verstehen
to make someone laugh	Riley can always make me laugh.	jemanden zum Lachen bringen
to share one's secrets	Cooper shares his secrets with his closest friends because he knows they care.	Geheimnisse teilen
to not feel lonely	A good friend makes sure you do not feel lonely.	sich nicht einsam / allein fühlen
to have someone to hang out with	When one of your best friends lives near you, you have someone to hang out with any time you want.	jemanden haben, mit dem man abhängen / herumhängen kann
to not be able to choose family	Andy was not able to choose his family, but he chose every single one of his friends, and he loves them.	sich die Familie nicht aussuchen können
to worry about someone	Good friends worry about each other.	sich um jemanden Sorgen machen, sich um jemanden ängstigen
to have secrets	Everyone has secrets that they might not want to talk about.	Geheimnisse haben
to (not) talk about certain topics	Even with good friends, sometimes you don't talk about certain topics.	(nicht) über bestimmte Themen sprechen
to motivate someone	Eliane motivates Margaret to be a better version of herself.	jemanden motivieren
to boost someone's self-confidence	True friends boost your self-confidence and make you feel better about yourself.	das Selbstbewusstsein stärken
to learn from each other's mistakes	Theo and Juan learn from each other's mistakes and come back stronger afterwards.	von den Fehlern des/der anderen lernen

to give some good advice	Victoria often gives her friends some good advice.	jemandem einen guten Ratschlag / gute Ratschläge erteilen
to change one's mindset	A supportive friend changed Rosemary's mindset completely.	die Einstellung ändern
to make someone a better person	Fae has made me a better person.	jemanden zu einem besseren Menschen machen
Let's talk family		
to quarrel with someone	Alejandro quarrels with his parents all the time.	mit jemandem streiten
to have an argument with someone	Liam had an argument with his older sister, and now she doesn't want to talk to him anymore.	eine Auseinandersetzung mit jemandem haben, mit jemandem streiten
to put pressure on someone	Markus put a lot of pressure on his father to stop smoking.	Druck auf jemanden ausüben
to be on one's mind	Ethan has been on Nora's mind ever since he looked a bit sad yesterday.	sich (gedanklich) beschäftigen mit
to be stubborn	My friend Kara is as stubborn as a donkey.	stur, starrköpfig
to give in	Noah eventually gave in to his mother's wishes.	nachgeben, klein begeben
to be an only child	It's not always easy being an only child, but you do get a lot of attention.	ein Einzelkind sein
We are family		
to be easy-going	Laurel is pretty easy-going and fun to hang out with.	entspannt / gelassen sein
to be strong-willed	My little cousins are very strong-willed; they will argue with you until they are tired.	durchsetzungsfähig / entschlossen / willensstark sein
to be intense	Eduardo is intense, and a bit overwhelming, but once you get to know him better, you'll like him.	intensiv / anstrengend / heftig sein
to make one's own decisions	Children eventually have to make their own decisions outside of their parents' house.	eigene Entscheidungen treffen
to be more independent	Doesn't it seem like Fabio is more independent than he was last year?	unabhängiger sein
to get bullied	Fred got bullied in school because of his accent.	gemobbt / schikaniert werden
to have troubles at school	People who are struggling at home often have troubles at school.	Probleme / Schwierigkeiten in der Schule haben
to be unhappily in love	Adam is unhappily in love; I feel bad for him.	unglücklich verliebt sein
to care for someone	June cares for her mother when she gets sick because she loves her.	sich um jemanden kümmern, für jemanden sorgen
to show understanding (for someone / something)	Healthy families show understanding for a mistake or problem instead of attacking the kid.	Verständnis zeigen (für jemanden / etwas)
to share one's own experiences	Daniel shared his own experiences to show his younger siblings they weren't alone.	eigene Erfahrungen teilen